



Get Involved Coventry News Start your volunteering journey



with us now!

Looking for something new to do?

Are you looking for something new to do this season? Do you want to develop interests or skills, make new friends or give something back to your community? Well you're in the right place!

No more wondering where to start - here at Voluntary Action Coventry we're here to help you match your passion with the cause your care about. Coventry's amazing community organisations are doing incredible things to make Coventry a better place to live and they need your help.

Whether you're looking for inspiration, a course or a helping hand - let us help you on your volunteering journey.



There really is something for everyone. Share your passion. Find your cause. Make a difference!



This newsletter is interactive! Simply click on the links to find out more. Or log onto: www.getinvolved coventry.org.uk

VAC on 024 7622 0381



All aboard for Coventry? Why don't you join us?

Have you discovered 'Get Involved Coventry' yet? It's a brilliant local platform for anyone who wants to give back, find volunteering opportunities and explore what's happening across our city's amazing organisations. .

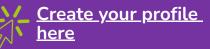
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Volunteering is incredibly rewarding, from the feel-good factor of helping others, to sharing your skills, building confidence, and meeting like-minded people who often become lifelong friends.

Getting started is easy:

- Visit: <u>www.getinvolvedcoventry.org.uk</u>
- · Create your volunteer profile
- Discover opportunities tailored just for you







Let us help you, every step of the way!



IMPROVING LIVES

This is for unemployed or NEET adults aged 18+ who want to explore volunteering in Coventry and build confidence through practical experience. The course runs for 6 weeks, with 12 interactive sessions on Tuesdays and Thursdays, 10.30am—12.30pm. You'll have access to one-to-one support to address volunteering or employment barriers. We'll help you to focus on your future, build confidence in your skills and abilities, and develop the knowledge needed to find and secure volunteering or work roles.





CHAT CENTRAL

These sessions are FREE and open to anyone who lives in Coventry aged 18 or over. We provide a friendly and supportive space for anyone who may feel lonely or isolated, or who wants to build their confidence and feel more connected to other people and the local community. Participants can come for up to 15 sessions and unlimited volunteering. As we get to know people, we plan events and activities that they want to try out, meaning that no two months are ever the same at Chat Central.



Browse what's on



DROP IN ADVICE

Speak to one of our friendly staff, face to face, for recommendations, ask questions or seek help to get into volunteering.

No need to book – you're welcome to drop-in between 10am and 2pm Monday and Tuesday (we are closed on bank holidays). We are looking forward to meeting you!



View dates here

Stay in touch with us! For news, training, workshops, top tips and inspirational stories, <u>sign up for the volunteering newsletter here</u> and follow us on social media.

Voluntary Action Coventry,
Harp Place, 2 Sandy Lane, Coventry CV1 4DX

www.vacoventry.org.uk
getinvolved@vacoventry.org.uk

024 7622 0381



Coventry City Council's - Skills, Employment and Adult Education Projects







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