



VCSE Workshops: Our Findings

We held workshops with Voluntary, Community and Social Enterprise (VCSE) groups from Coventry and Warwickshire

- ▶ The sessions were held online and in person
- ▶ We connected with 26 professionals from 24 VCSE organisations and groups
- ▶ From these workshops we wanted to find out:
- ▶ What works well within current mental health services?
- ▶ What would be “even better if...”? What improvements need to be made to current mental health services?
- ▶ What are the gaps in service provision? What is not included that needs to be?
- ▶ Potential solutions statutory services and the VCSE can implement to transform mental health services

What's working well?

Use of various formats to provide support (including out of hours)

Services which support people with specific needs

Services which support under-represented groups

Lived Experience Opportunities

Volunteers

Creative and Outdoor Organisations

Recovery and Wellbeing Academy

Crisis Team

Support Networks

Networking

Informal, person-centred approach

Trauma Informed Approach

What needs improving?

Choice in Treatment	Signposting Process	Information Sharing
Support Pre- and Post Intervention	Waiting Times	Funding for the VCSE
More services for people with specific needs/from under-represented groups	Training and Awareness	Access to Services
Referral Process	Relationship between the VCSE and statutory services	Holistic Approach

Gaps in service provision



Suggested solutions

Statutory
services

- Transparency for funding and spending
- Social prescribing
- Specialist trauma training for GPs
- Sharing care plans with VCSE
- Regular contact and follow ups with patients with SMI
- Support to access services/pre-treatment support
- Lower treatment threshold
- Use day centres, community centres and safe spaces
- Increase capacity
- Alternative to IAPT/CBT

Suggested solutions

VCSE

- Access to flexible funding
- Support to complete funding bids
- Effective signposting/referrals to NHS
- Provide training on service users rights
- Promote inclusiveness of small organisations
- Embrace partnership funding
- More support for young adults (18-25s)

Suggested solutions

Both Statutory
and VCSE

- Increasing specialism
- Partnership working/shared vision
- Sharing best practice
- Networking events/opportunities/joint training
- Updating the information sharing policy
- Develop an up to date MH directory
- Encourage peer support
- Recruit volunteers and people with lived experience
- Provide long-term support
- Early intervention/prevention
- Holistic working
- Encourage diversity



Any Questions?

Contact Us



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