



COMMUNITY
MENTAL HEALTH
TRANSFORMATION
EMPOWERING YOU



Voluntary Action Coventry



The Community Mental Health Transformation VCSE team

We are ensuring that Voluntary, Community and Social Enterprise (VCSE) groups are involved in the transformation of community mental health services.



Recovery & Wellbeing

ACADEMY

New Trauma Awareness course

New course ran by our colleagues from the Recovery and Wellbeing Academy that aims to support people to become more Trauma informed.

It will introduce the concepts of trauma, what it is, how it can affect people and highlights the 6 key principles of support that people can adopt.

The course will be delivered by staff and volunteers from Coventry and Warwickshire Partnership Trust.

Course Duration: One x 4 hour session

Friday 27th January- online
Monday 13th February- online
Tuesday 21st February- Coventry
Wednesday 15th March- Nuneaton
Thursday 23rd March- online

[Enrol Here](#)



Fully funded Suicide Awareness, Support and Safety Training: Gain confidence in talking about suicide, and the knowledge and understanding to support people thinking of suicide.

[Find Out More](#)

Dimensions



If you would like your mental health and wellbeing project/service to be included on Dimensions or have any questions, [contact the Dimensions Team here.](#)

Free Courses England

Fully funded courses including Counselling Skills and Mental Health First Aid.

- Receive a NCFE/CACHE recognised accredited qualification and a certificate in the post upon completion.
- You will be assigned a dedicated tutor to support you through the course
- No exams or essays

[Find Out More](#)



PAPYRUS
PREVENTION OF YOUNG SUICIDE

Funded training taking place throughout the year:
SP-OT Suicide Prevention: Overview Tutorial (90 minutes)

SP-EAK Suicide Prevention: Explore, Ask, Keep-safe (3.5 hours)

[Find Out More](#)

How can I get support?

[National Lottery Funding](#)

[Coventry Funding Opportunities](#)

[Coventry Cost of living grant for VCSE](#)

[Warwickshire Funding Opportunities](#)

[General Support from NCVO](#)

OR get in touch with your local Mental Health Liaison Officer

Innovation Fund Micro-grants Applications are now open!

What are the VCSE Innovation Fund Micro-grants?

As part of the Community Mental Health Transformation, Innovation Fund Micro-grants will be distributed to Voluntary, Community and Social Enterprise (VCSE) partners. The main purpose of the Innovation Fund Micro-grants is to support small/grassroots organisations to deliver mental health interventions within the communities of Coventry and Warwickshire.

Fund Aims

The fund aims to support Coventry and Warwickshire residents aged 18+. Applications must meet one of the following criteria:

- Use of community spaces to tackle loneliness and isolation
- Deliver peer support for people with mental health needs
- Improve accessibility to mental health projects/services e.g., through transport/outreach in local communities
- Provide health and wellbeing support in response to the cost-of-living crisis

Deadline for Pot 1 (Micro-Grant <£3k) applications: 12 noon, Friday 17th February 2023.

How to apply

There are two options for applications:

- A written application detailing your project via our [online application form](#)
- A [3-minute video](#) which you then attach to the online form

If you would like an offline copy of the application form, please email Eleanor Nunn, e.nunn@vac Coventry.org.uk

For more information, please see our FAQs, or contact Eleanor Nunn or your local Liaison Officer.

The Innovation Fund 23/24 (Pot 2: bids over £3k up to £25k) will be opening soon. Please see our FAQs for guidance on applying for this fund.

If you do not want to receive these updates from the CMHT VCSE Team, [please let us know](#).