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WITH SUPPORT FROM  
**COMMUNITY FUND**

# chat central *for youth*

16-25?

*Feeling a little stuck  
and like no-one is  
there for you?*

*Shy, worried about  
the future?  
Struggle getting up  
in the morning?*

*Just chat*

Don't write yourself off, don't shut yourself away.  
**We are here to connect with you.**



Voluntary Action Coventry has been making people a little stronger since 1957, supporting hundreds of people into community roles each year. We are a nice bunch and have an open-door policy. **Give us a try.**

The world has changed so much, some for better and some for worse. The recent YouGov survey found that 31 per cent of 18-24 year olds said they felt lonely often or all of the time and this was undertaken before the pandemic!

The CC4Y project engages young people from all areas of Coventry, whether new to the city, a student from overseas, a refugee, migrant or an established resident. Building them up with the confidence to form new social connections and beat loneliness through technology, brain food, friends and creativity.

**If you are a charity or organisation and would like to refer someone to us, please ensure that you have their consent in doing so.**

**A number of funders are supporting the project, their details can be found on the website.**

### *What to expect:*

- A park walk chat outdoors or on Zoom with the project Engagement Officer
- We will find out your interest in activities and will try to offer you support tailored to your specific needs and where you want to be
- Activities will take place during Evenings and Weekends
- There will be tutorials, Zoom cook and eat Friday Night Fake Aways, polls, online games, geocaching, walks, online gigs and prizes for involvement



 **Call 07541 343 491**

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